# **Original** article

# Incidence of malarial in a government hospital of surguja district Chattisgarh -a retrospective study

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### **ABSTRACT**

Background: In India, states having predominantly tribal population have high incidence of malarial.

**Aim: - aim** of this study is to find out the incidence of malarial in district hospital of surguja district, Chattisgarh.

Material and method: This was a retrospective study for a period of 3 year from Jan 2013 to Dec. 2015.

**Result**: Plasmodium falciparum was 70.26% out of the total malarial cases, followed by plasmodium vivax 29.73%.

**Conclusion:** Tribal community contributes a major bulk of malarial cases, special surveillance is needed to prevent malarial related morbidity and mortality.

Key words: Tribal community, Plasmodium Falciparum, Plasmodium vivax

# Introduction:

Malarial is a preventable and treatable disease but it still remains a major public health problem in India. In 2012 WHO estimates 207 million cases of malarial world with 6,27,000 deaths, 13 % of this is present in south east asian region and India contributes to 61 % (1,2). Malarial is a major health problem in the rural and tribal area of the central India keeping this in view enhanced malarial control project (EMCP) was introduced in 1998 by the national antimalarial programe in the seven malarial prone states. 25 % of the tribal population in Madhya Pradesh and Chattisgarh have been EMCP. Chattisgarh which have total population of 23,070,000 of which 41 % are under EMCP which contributes 91 % of malarial and 96 % of plasmodium falciparum cases in the state (3). The ethnic tribal population of Chattisgarh is one third of total population and it is the second highest malarial state only after Orissa. Chattisgarh is both hilly and forested and is inaccessible with poor communication facility so it is difficult to control the out breaks. Present study is to see the incidence of malarial recorded in the district hospital of surguja district in the last three years.

## Material and methods:

This is a retrospective study for a span of 3 years from Jan 2013 to Dec 2015 out of number of cases 1305 were positive for malaria of which Plasmodium vivax 388 and plasmodium falciparum 917. The

positivity was given by thick and thin smear by light microscopy and confirmed by rapid malarial antigen detection test (Rapid diagnostic test) of ADVY chemicals. This test detects the (PLDH) of plasmodium vivax and HRP II plasmodium falciparum in the patient serum.

# Result:

745 cases were of male 560 cases were of female 71 are of 1-4 year of age reported positive for plasmodium vivax.

117 are of 5 - 14 year of age reported positive for plasmodium vivax.220 are of above 15 year of age reported positive foe plasmodium vivax.

145 are of 1-4 years of age reported positive for plasmodium falciparum. 298 are of 5-14 years of age reported positive for plasmodium falciparum.

474 are of above 15 year of age reported positive for plasmodiumfalciparum.

Average age of plasmodium vivax is 26.5 years.

Average age of plasmodium falciparum is 26.82 years.

There was a male prepordence in malarial cases and falciparum cases out number the vivax case.

Year - 2013

S.No.												
	Month	P.V	P.F.							M	F	Total
		0-1	1-4	5-14	15 +	0-1	1-4	5-14	15 +			
1	Jan.2013	-	2	3	4	-	2	7	10	16	12	28
2	Feb.2013	-	1	2	5	-	2	4	12	12	14	26
3	March.2013	-	2	2	5	-	2	4	10	14	11	25
4	Apr. 2013	-	1	2	2	-	1	2	10	10	8	18
5	May.2013	-	2	2	6	-	2	5	10	16	11	27
6	Jun.2013	-	2	2	8		2	2	18	21	13	34
7	Jul.2013	-	3	4	14	-	6	10	22	36	23	59
8	Aug.2013	-	3	3	8	-	6	8	13	29	12	41
9	Sep.2013	-	3	4	16		5	12	19	39	20	59
10	Oct.2013	-	1	6	12		4	12	17	28	24	52
11	Nov.2013	-	4	4	12	-	4	18	36	48	30	78
12	Dec.2013	-	1	3	5	-	2	4	16	19	12	31
		Nil	25	37	97	Nil	38	88	193	288	190	478

P. Vivax Positive Case - 0-1 - Nil

1-4 - 25 Cases

5-14 - 37 Cases

15+ - 97 Cases

P. Falciparum positive Case 0-1 - Nil

1-4 - 38 Cases 5-4 - 88 Cases 15+ - 193 Cases

Total Male - 228

Female - 190

P. Vivax 159 Cases

Total Number of Cases = 478 -----

P.Falciparum 319 Cases

Year - 2014

S.No.	Month	P.V.	P.F.							M	F	Total
		0-1	1-4	5-14	15+	0-1	1-4	5-14	15+			
1	Jan.	-	1	2	6	-	2	3	10	14	10	24
	Feb.	-	5	8	5	-	6	14	6	20	24	44
	March	-	3	2	2	-	3	4	5	9	10	19
	April	-	3	5	3	-	6	6	5	12	15	28
	May	-	2	3	2	-	4	4	6	11	10	21
	Jun	-	-	-	-	-	4	6	6	10	6	16
	July	-	3	3	4	-	5	10	7	18	14	32
	Aug	-	2	4	3	-	3	7	12	16	15	31
	Sep	-	1	2	1	-	12	44	13	48	25	73
	Oct	-	4	8	5	-	12	24	23	33	31	64
	Nov	-	4	8	5	-	20	24	31	34	58	92
	Dec	-	1	1	2	-	8	5	5	11	11	22
		Nil	29	46	38	Nil	85	139	129	237	229	466

Total number of cases – 466

P. Vivax – 113

P. Falciparum - 353

Total Male - 237 Female - 229

Year - 2015

S.No.	Month	P.V.	P.F.							M	F	Total
		0-1	1-4	5-14	15+	0-1	1-4	5-14	15+			
1	Jan.	-	2	4	5	-	2	3	6	14	8	22
2	Feb	-	1	3	4		2	4	8	15	7	22
3	March	-	1	3	8	-	1	4	10	16	11	27
4	April	-	1	4	6	-	2	10	8	18	13	31
5	May	-	1	3	4	-	2	4	7	14	7	21
6	Jun	-	1	3	7	=	2	8	14	20	15	38
7	July	-	1	3	6	2	2	8	18	24	14	38
8	Aug	-	2	2	5	-	1	5	20	20	15	35
9	Sep	-	2	3	7	-	2	8	18	25	15	40
10	Oct	-	2	2	4	-	2	3	16	17	12	29
11	Nov	-	1	2	5	-	2	6	16	20	12	32
12	Dec	-	2	2	4	-	2	8	11	17	12	29
		Nil	17	34	65	Nil	22	71	152	220	141	361

Total Male - 220

Female - 141

Total number of cases 361

P. Vivax 116

P. Falciparum 245

## Limitation of our study:-

- 1. Data is collected at district level so local effect could not be detected.
- 2. Patient attending district hospital are both tribal and non tribal population, so strict categorization is not possible.

### **Discussion:**

In Chattisgarh due to poor vector control, illiteracy large concentration of ethnic tribes and poor health service a parasitic reservoir is present and continued transmission is going on (4,5). Here the major contributor is plasmodium falciparum amounting to 70.26 % of total malarial cases followed by vivax which was 29.73 %. This high incidence may be due to the fact that the tribal community prefers spiritual healers nand quack rather then licensed practitioner (6,7,8,9) more over both primary and secondary vectors such as anopheles culcifacies, anopheles baimai, anopheles minimus, anopheles fluciatils, anopheles nivips and anopheles sundacinus are present in the tribal area (9,10,11,12,13) along with rising insecticide resistance (14,15,16). The most effective way to control malarial is vigorous surveillance and to treat promptly both symptomatic and asymptomatic cases to prevent spread of disease (17,18) involvement of gram panchayat for successful control of malarial has also been cited by some authors (19). Under national vector borne disease control programme the state has domiciliary visit by passive agency along with accredited social health activist providing both diagnosis and treatment at door step (20). There is usually two rounds of DDT spraying routinely during march to may and June to august. Malarial positive cases were administered radical treatment as per national drug policy programme (21), but due to inadequate health care infra structure and inadequate spray coverage malaria remains a important cases of morbirity in tribal part of India (22,23). Rapid traditional microscopy and help in prompt diagnosis and treatment (24,25). But due to its technical fallacies PCR remains the gold standard.

#### Conclusion

we conclude that vigorous survillence and treatment to control the malaria morbidity and mortality should be undertaken in tribal population. As tribals are the major contributors in the malaria cases our approach should be multifaceted with both strengthening the health sector and also develop the socio – economic status of the tribal community.

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